

## How to find Mental Health and Substance Abuse providers online

Please call the number on your Member ID card if you need assistance.

### See the following search options:

- (1) All mental health care providers
- (2) Behavior health practitioners

#### (1) All mental health care providers

To find health care providers such as psychiatrists, psychologists, social workers, facilities, programs, outpatient services, behavior health practitioners:

Go to the **Advanced Search** tab

Step 1: Doctor or Facility Information, choose **All**

You'll also have the option to **Select Medical Services**. Choose **Mental Health** and then select the services you're looking for. Click **Continue**.

Step 2: Select your health plan (you can find the name of your health plan in your benefit materials and on the top right portion of your ID card)

Step 3: Tell us the location where you'd like to receive care

Step 4: Select doctor preferences, if any and **click the Search button**.

#### (2) Behavior health practitioners

To find Behavior health practitioners such as Behavioral Analysts, Behavioral Health Unit, Clinic Social Workers, Community Mental Health Center, Marriage & Family Therapists, Mental Health Counselors, Outpatient Mental Health clinician Group, Psychiatric Nurses, Rehabilitation Unit, School Psychologists and Substance Abuse Facility:

Go to the **Advanced Search** tab

Step 1: Doctor or Facility Information, choose **Support Service**

From the **Support Services** drop down list, choose type you are looking for (example: Family Therapist, Clinical Social worker)

You'll also have the option to **Select Medical Services**. Choose **Mental Health** and then select the services you're looking for. Click **Continue**.

Step 2: Select your health plan (you can find the name of your health plan in your benefit materials and on the top right portion of your ID card)

Step 3: Tell us the location where you'd like to receive care

Step 4: Select doctor preferences, if any and **click the Search button**.